



UTWSD Health Survey

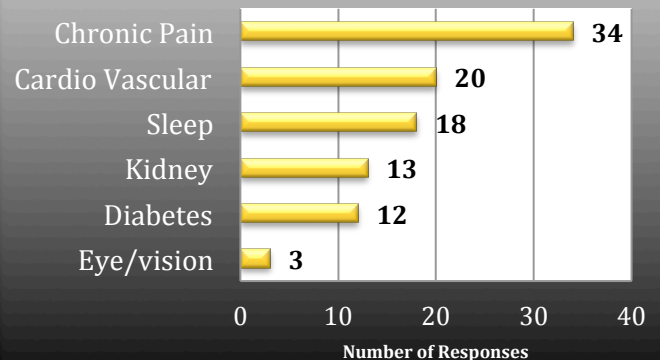
In Summer 2013, three focus groups were held with San Diego taxi drivers, which identified several occupational health concerns. The major issues raised included (1) chronic disease concerns related to long hours and long hours sitting during shifts (2) industry regulations that affected health (e.g. lack of health insurance and sick days) and (3) job-related stress.

Study Participants

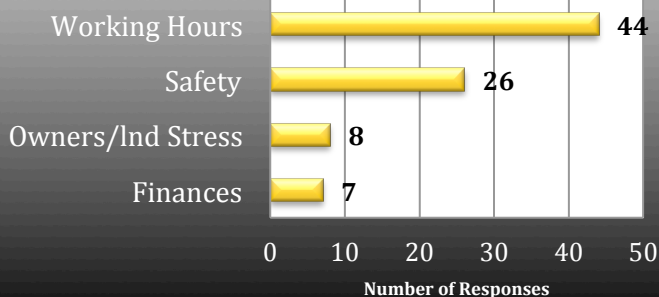
#Drivers	Avg. Age	# Day Shift (%)	Years in U.S.	Years as Driver	Hours/day
19	41.5 yrs	13 (68%)	13 yrs	6 yrs	11.5 hours

“I fear that this situation will become much worse if something isn't done... We work long hours. A driver will work 12 hours or even 20 hours. He'll constantly work and work and work. He'll disregard the warnings his body sends him. He can't even pay the lease so health insurance isn't an option. The stress from the pain and also from work take their toll on you.”

Health Concerns



Sources of Stress



Recommendations

- Programs to support driver enrollment in health insurance plans through the Affordable Care Act
- Increased industry regulations that promote driver safety and health
- Health programs targeting chronic disease prevention and treatment among leading conditions linked to occupational risks, such as chronic pain.

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